



<https://smbn.org.mx/>

The Mexican Society for Bio and Neurofeedback (SMBN) is a non-profit organization whose main goal is to provide high quality educational opportunities, to promote scientific research and evidence-based clinical applications of bio and neurofeedback, and enhance the collaboration among practitioners and clinical researchers in Mexico and internationally.

Two successful international meetings on Neurofeedback and Applied Neuroscience (in 2004 and 2008) organized by pioneers in bio and neurofeedback in Mexico brought together a group of renowned Mexican practitioners and clinical researchers who founded the Mexican Society for Bio and Neurofeedback (SMBN) in 2009. The first book on QEEG and Neurofeedback which provides a comprehensive overview of these diagnostic and therapeutic tools was published in Spanish in 2010. Founders and members of the Society are research leaders in the field and are also committed to develop post-graduate university programs on Neuroregulation establishing important collaborations with Universities in Mexico.

Since 2012, four International Scientific Meetings have been held every two years in Mexico City and Querétaro (in the National Autonomous University of Mexico, one of the most prestigious universities in Mexico), featuring excellent national and international keynote speakers, including in the conferences topics such as Biofeedback and Mindfulness, Peak Performance, QEEG and Neurofeedback in Neuropsychiatry, Neuromodulation in Neurological Disorders, Clinical Applications of Bio and Neurofeedback among others. Neurofeedback introductory courses that became BCIA accredited (through a rigorous review process) have been regularly provided to contribute to the training of Spanish speaking committed professionals who want to fulfil the requirements to become BCIA certified.

The Mexican Society for Bio and Neurofeedback initiated a promising collaboration with ISNR providing meaningful benefits to their members. In 2016, the Society established an affiliate relationship with BCIA, thanks to Judy Crawford and BCIA board's outstanding support. The mission has been to guide health professionals to achieve the certification process providing all the required learning opportunities in Spanish. BCIA-Mexico then became BCIA-Hispanoamerica, a non-profit civil society association whose goal is provide

guidance and support towards BCIA certification in Biofeedback and Neurofeedback in all Spanish speaking countries of Central and South America.

In 2020, the 5th SMBN International meeting was planned in Cancun on "Stress and the Science of Self-regulation" but the event had to be cancelled due to the COVID pandemic. It was with great pleasure that the Society became a collaborating organization of the 2020 ISNR virtual meeting.