



ISNR
INTERNATIONAL
SOCIETY FOR
NEUROFEEDBACK
& RESEARCH

COVID-19 Clinical Safety Guidelines

Tiered Return-To-Office Plan

Three-tiered plan designed to assist clinicians in deciding when to safely return to their office

TIER 1

Personal
Comfort

Clinicians must decide what is best for them and their family.

Clinicians must be comfortable in their return in order to be mentally present for clients.

Every clinician must consider different factors: personal and family health, population served, personal ethics, etc.

TIER 2

Client
Safety

Clinicians must consider several factors including, but not limited to:

- Client age
- Client health status
- Client living situation
- Client occupation
- Client personal hygiene
- Client level of awareness
- Client risk of exposure

With an eye on beneficence, clinicians must weigh client need and risk in an effort to do no harm.

Mental Health Organizations should provide safety protocol and protection for their mental health providers.

TIER 3

Precautions
To Take

Stay abreast of local Covid restrictions and recommendations.

Create Covid release form including detailed list of office protocol for clients and clinicians.

Prepare your office for a return to work by adjusting furniture for distancing, preparing waiting room guidelines, etc.

Utilize ISNR's Three Tiered Office Protection Plan (TOPP) located under ISNR Covid Resources.

*These guidelines are intended to provide clinicians with a process to aide their return-to-office decision. ISNR cannot take every neurofeedback provider and their individual situation and client population into account.