

The ISNR has compiled guidelines for offering neurofeedback services in the wake of COVID. These guidelines are not all inclusive. ISNR is not a governing authority or a regulatory body, and ISNR cannot predict every provider and client situation and population. We offer these guidelines as a service to our members. Please contact us with questions through our Facebook Community Group Discussion, and we will do our best to support you.

1. Using Individual Discretion - The decision of whether and when to provide in-person services during this time creates challenges and unique considerations for providers. Here are some things to consider while contemplating the provision of in-person services:

- Consideration of client's health risk categories, provider's health risk, surrounding staff members and family members.
- Setting expectations with clients through discussion, informed consent and waiver that includes regional guidance.
- Consideration of whether the client's need for services can be adequately met through methods other than in-person care. What is the client's receptivity to alternatives? Is there a need for in-person services? Is there barrier to access to alternative services?
- Physical characteristics of the office (is the office space or waiting area shared with others; is it possible to minimize interactions by using different entrances, alternating when multiple clinicians are in the office).
- Consider what choices that you need to make to have personal integrity around running your neurofeedback practice (what helps you sleep at night).
- Ask yourself weekly where you are at emotionally with how you are providing services.
- Consider whether you feel pressure to do, or not do, certain things because of comments from, and choices of, colleagues.
- We ask you to not shame the choices that other professionals are making in the running of their practice.

2. Consider all governmental recommendations in your area - stay update to date weekly on all relevant levels of governmental authority in your jurisdiction. ISNR, while specific to our profession, is not on the top of the list of bodies that we should reference in making decisions about how to practice during COVID.

3. Education - Videos – creating a sterile field, cross contamination, mask wearing, glove wearing, basics of sanitizing (some are links to existing videos, some videos are in the process of being created).

4. Checklists:

- Provider Health – Questions to ask our self each day (see attached)
- Office Protection - 3 Tier (see attached)
- Risk Management (see attached recommendations from a liability insurance provider)

5. COVID Sample Informed Consent (see attached)
6. COVID Sample Waiver (see attached)
7. COVID Sample Preparedness and Response Plan (see attached)